



Deepak K Dhingra

President CMA

Message from President's Desk

Dear Members,

Greetings from Chandigarh Management Association.

I am delighted to present the May 2018 issue of CMA eNewsletter to you. While working on the election process during this month a lot of action went in behind the scenes including formation of a sub-committee for amendments in the Constitution.

This newsletter shares the activities of May that include a workshop on Clifton StrengthsFinder, Past President Council Meet and a seminar on Art of Memorising.

It is my appeal to all CMAians to contribute to our publications initiative which was launched in the month of November 2017. Your literary works are welcome for CMA's blog (<http://cmachandigarh.org/blog/>) and our book on Contemporary Management Practices.

The Member Plus Campaign initiated in January 2018, concluded on May 15, 2018. We added 48 new members during the campaign period. My heartiest thanks to all CMAians for an overwhelming response and special efforts made to increase the membership base.

The current CMA team shall continue to work towards the objective of bringing in best management and research practices during its last lap!

Thanks and Regards,

Deepak K Dhingra,
President (2017-18)

**EXECUTIVE COMMITTEE
(2017-18)**

DESIGNATION	NAME
President	Mr. Deepak K. Dhingra
Vice President	Mr. Rohit Aggarwal
Secretary General	Mr. Hitesh Kumar Gulati
Secretary	Prof. J.P.S. Nindra
Treasurer	Mr. Uma Kant Mehta
Organisational Member	Mrs. Ranjeet Bedi
Organisational Member	Mr. Aneel Singh Bhambra
Member	Mr. J.S. Bedi
Member	Mr. S.B. Khullar
Member	Mr. Lalit Kumar Bajaj
Member	Dr. Pooja Chopra
Member	Mr. Karun Kashmiri
Member	Mr. R.K. Nayyar
Member	Mr. Manjiv Kumar Vohra
Co-opted	Mr. Anupam Gakhar
Special Invitee	Mr. N.K. Bajaj
Special Invitee	Dr. Deepak Jindal
Special Invitee	Mr. Vivek Sharma
Special Invitee	Mr. Ashok Verma
Special Invitee	Mr. G.S. Thukral

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CMA's Past Presidents Council Meet for the year 2017-18 was held on 04th May 2018 at DSOI, Sector 36, Chandigarh.

President CMA, Mr. Deepak K Dhingra raised the concern of fruitful utilisation of efforts put in by CMA EC team to plan and work upon events in the last quarters of their tenure which go unexecuted owing to reasons involving longer gestation periods or otherwise.

It was decided to have the elections preponed by one quarter to March instead of they happening in June so that the elected President has atleast a quarter of hand holding period.

A decision was also arrived at to have a long-term plan (a vision document) for CMA's comprehensive growth, from which the annual plans may be translated, so that along with the agenda of the new team each year, CMA could also grow steadily.

Since all the above decisions and those taken in the past necessitated review /amendments in the constitution, Mr. Gurdip Singh Deep proposed to get the constitution amended as it was overdue. The proposal was accepted by voice vote.

Past President Mr. Vikram Hans extended a contribution of Rs. 5000/- to CMA's kitty. The meeting ended with a vote of thanks.



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Chandigarh Management Association organised a workshop on Clifton StrengthsFinder at the Lions Club, Sector 18, Chandigarh on May 12, 2018. Mr. Narinder Ahluwalia, Chief Operating Officer (COO) of Global Pueblo Sourcing conducted the workshop.

President CMA, Mr. Deepak Dhingra in his welcome address stated that every individual is different and we all function differently based on our personalities. He stressed that it is important to know ourselves and our capacities. Our strengths are things we can leverage on, things we can use to push ourselves further.

The workshop focused at discovering what one naturally does best, learning how to develop greatest talents, using our customized results to live our best life. Mr. Narinder Ahluwalia who is a strengths coach, executive and a consultant, engaged the audience through strengths finding activities & discussions.

The audience were made aware of the processes and various applications of Clifton StrengthsFinder for individuals of all age groups and organizations of all scales. 50 CMA members attended the workshop which was followed by an interactive discussion and Question-Answer session.



Chandigarh Management Association (CMA) in collaboration with Mirchi Networks Pvt. Ltd., organised a seminar on 'Art of Memorising' on May 26, 2018 at Auditorium, Arts Museum & Gallery, Sector 10, Chandigarh. The speaker was Mr. Krishan Chahal, the world's strongest memory man and Guinness World Record Holder.

Secretary General CMA, Mr. Hitesh Kumar Gulati expressed the need and art of memorizing while welcoming the audience. He mentioned that complex stimuli such as colors, structures, language, emotions are processed in our brains through our five senses. We place a picture of what is around us in our minds and our memories store all of this in the short term. If we need to make it a permanent fixture, and give it a resting place, we need to find a way to move it from short to long-term memory.

Mr. Krishan Chahal, the Memory King, connected with the audience marvellously in no time. He shared his journey to motivate the younger lot. Quick techniques of memorizing were shared with the attendees, keeping in view all age groups. Mr. Chahal engaged the audience by conducting a few memorizing activities to practically narrate these techniques.

This seminar was open for CMA members along with their families and a total of 130 people attended it. It was followed by a question answer session. The parents & children had key take aways to practice this art of memorizing even further.



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